

# Insider Beauty tips to GUARANTEE GORGEOUS!

Kim McGann Beauty therapist and owner of Blush Brides shares her expert tips and tricks of the trade to help get your gorgeous, for your special event ...

**A clean start** - Always cleanse your skin morning and evening to remove any makeup, oil sweat and impurities on the skin. I use dermalogica's specials cleansing gel in the shower. It makes tiny bubbles you can feel burst on your skin - So refreshing !!



**Smooth like silk** - If you want your makeup to last the distance, I wouldn't go without using a primer before applying foundation. They help to create a silky smooth base, hydrate your skin and allow your makeup to last longer. Napoleon's Auto pilot primer is a must for me.



**INSIDER TIP:**  
If your skin is slightly dry, try mixing a tad of your primer into your foundation before applying.

**Flawless Foundation** - For any kind of special occasion, staying power is a given when it comes to foundation. My clients LOVE Revlon colourstay foundation. It has flawless coverage, and is budge proof.

**INSIDER TIP:**  
If you have any unexpected blemishes pop up, try a green concealer under your foundation. This will hide the redness.

**Blushing Beauty** - Bring your face to life with a swirl of blush. These days you can choose between a powder, gel or mousse for a more youthful glow. Napoleon's Blush Patrol is the perfect mix of pinks with a hint of bronze for a more glamorous evening look. - LOVE IT !!



**INSIDER TIP:**  
**Run out of blush ?** Dab some pinkish lipstick on your cheeks and blend in. Works like a charm !

**Eyes that pop** - Choose your eye makeup to suite the occasion. For daytime events, try a clean sweep of Natural taupe eye shadow, with loads of mascara. For the evening, add some smokey grey shadow and smudge into your top and bottom lash line. Line your inner rims with black liner for extra oomph . I always use Maybelline's full n soft mascara. It never clumps and provides amazingly lengthy lashes .



**INSIDER TIP:**  
Apply some white shimmer dust underneath your brow bone for an instant lift .

**Perfect Pout** - Lipstick never looks good on chapped dry lips. Try gently exfoliating your lips with a soft toothbrush and then coat your lips with Calmex lip balm at bed time each night. Your lips will be silky smooth in no time.



**INSIDER TIP:**  
Ever wondered why your lipstick doesn't last ? Always use a lip liner to define your lips, then use it to colour in your lips before applying your lipstick. You'll hard need to touch up all night !

**Finishing touch** - Be sure to apply moisturizer to any exposed skin. Hydrated skin looks healthy. For an extra sexy shine, apply Mac's iridescent powder in silver dusk to your décolletage and shoulders.

This is especially great for evening occasions.

**Extra Glam** - For extra impact eyes, try some individual false lashes to your outer edges. These will give your eye a more flattering shape and enhance your eye makeup

**INSIDER TIP:**  
Always use the clear glue when applying lashes.

**Power Pick me up** - My absolute fav mask is dermalogica's Multivitamin power recovery mask. Its jam packed with vitamins and anti oxidants to boost and hydrate your skin in a flash. Perfect to revitalize tired skin or just for extra hydration . Apply for 10 mins after cleansing then rinse.

Everyone wants to look their best for a special occasion. Getting gorgeous needn't be a last minute rush. Spend some time preparing leading up to your event to ensure perfection on the day.

For my clients, there are a few beauty must haves that I always recommend prior to the big event.

**Eye lash tinting** - This has to be one of the most fantastic, beauty treatments available today, and its great value for money. It will add definition and length to your lashes even when your not wearing mascara !

An eyelash tint should cost around \$15.00 and the colour will last you 4-6 weeks! ( Bargin ) !!

**Sunless Tanning** - Whether you choose a spray tan or one from a bottle, its something I wouldn't be without for a special occasion. Especially if you outfit shows some skin.

Everyone looks great with a hint of summer and it also provides a nice even skin tone and base for your makeup.

**Eye Brow styling** - believe it or not, professionally shaped brows and transform your face from dull to dazzling.

Well shaped and maintained brows frame the face, draw attention to your eyes and define your facial features.

Clean brows make a dramatic difference to your eye makeup too. No women should be with out a set of beautiful brows !

**Revitalizing facial** - I know you've probably heard never to have a facial before a special event incase you beak out.... Its not entirely true. Yes you should avoid deep cleansing facials as they are designed to draw out impurities in the skin, however revitalizing facials are great to flood your skin with hydration and boost it with colour and vitality.

**For more beauty advice check out**  
[www.blushbrides.com.au](http://www.blushbrides.com.au)  
Kim McGann 0416 164 060